

MARIA V. WATHEN, MA, LCSW, Ph.D. (2025.08.28)

Loyola University Chicago
School of Social Work
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Chicago IL 60611
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EDUCATION

Joint Ph.D. in Social Work and Sociology

University of Michigan - Ann Arbor

Dissertation Title: *Civic Culture Frameworks, Volunteerism, NGOs, & Glocalization: Implications for Social Services in Russia*

Dissertation Co-chairs: Mary C. Ruffolo and Barbara A. Anderson

Members: Sandra K. Danziger, Scott W. Allard, Karin Martin

M.A. in Sociology, *Specializations: Inequality, Demography*

University of Michigan - Ann Arbor

M.S.W., Interpersonal Practice/Mental Health

University of Michigan - Ann Arbor

M.A. in English, Focus on adult education pedagogy

Northern Illinois University

B.A. in Sociology, Summa cum Laude

Wheaton College, Wheaton IL

LICENSURE

Licensed Clinical Social Worker (Illinois License 149.019401, prior license in Michigan)

ACADEMIC & RESEARCH APPOINTMENTS

2023 - present	Associate Professor, School of Social Work, Loyola University Chicago
2016 - 2023	Assistant Professor, School of Social Work, Loyola University Chicago
2022 – Present	Faculty Affiliate, Center for Immigrant and Refugee Accompaniment, Loyola University Chicago
2020 – Present	Full Member, Graduate Faculty, Loyola University Chicago
2018 – 2020	Associate Member, Graduate Faculty, Loyola University Chicago

Fall 2015	Adjunct Instructor, School of Social Work, University of Michigan – Ann Arbor
2011 – 2016	Researcher, National Poverty Center, University of Michigan – Ann Arbor (hourly, on specific projects)
Fall 2012	Graduate Student Instructor, Department of Sociology, University of Michigan – Ann Arbor
Summer 2010	Graduate Research Assistant, National Poverty Center, University of Michigan – Ann Arbor
1999 – 2007	Visiting Instructor, Faculty of Foreign Languages, Moscow State University, Moscow, Russia
2002 – 2004	Instructor, International College (closed in 2004), Moscow, Russia, University of Colorado at Denver
1997-1999	Visiting Instructor, Pedagogical Department, Moscow State Linguistic University, Moscow, Russia
1994 – 1995	Graduate Assistant, University Resources for Latinos (URL), Northern Illinois University, DeKalb, IL

LANGUAGES

English, German, and Russian

PUBLICATIONS

* Denotes PhD student at time of manuscript preparation (mentoring relationship)

** Denotes MSW student at time of manuscript preparation (mentoring relationship)

*** Denotes undergraduate student at time of manuscript preparation (mentoring relationship)

Peer Reviewed Journal Articles

1. Moore, A., **Wathen, M. V.**, Tyson McCrea, K., Richards, M. H. (2025). Self-efficacy is not just about the Self: African American cross-age youth mentors, Accepted for Publication. *Journal of the Society for Social Work and Research*. <https://doi.org/10.1086/735839>
2. **Wathen, M. V.**, *Young, R.A., Krings, A., Kilbane, T. (2025). Predictors of Political Participation of Social Workers: The mediating effect of confidence. *Social Work Education*, 1-18. <https://doi.org/10.1080/02615479.2025.2484364>.

3. Iverson, M., Dentato, M. P., Perkins, N. H., **Wathen, M. V.** (2023) The Unintended Influence and Impact: Funder-mandated Performance Metrics, Service Delivery, and Social Justice. *Human Service Organizations: Management, Leadership & Governance*, 47(5), 385-403, <https://doi.org/10.1080/23303131.2023.2215270>.
4. Hong, P. Y. P., *Shin, A., **Wathen, M. V.**, Gibbons, Theresa. (2023). Transforming Impossible into Possible (TIP) for Financial Capability: Application of Practice-Based Program Theory and Measures in Intervention Design and Evaluation. *Research on Social Work Practice*, 33(6), 695-710, <https://doi.org/10.1177/10497315231179643>.
5. Krings, A., **Wathen, M. V.**, Kilbane, T. (2023). How COVID-19 and Racial Justice Protests Influenced Social Workers' Perceptions of Policy and Political Participation. *Social Work Research*, 47(4), 261-273. <https://doi.org/10.1093/swr/svad019>
6. Hong, P. Y. P., **Wathen, M. V.**, Shin, A., Yoon, I., Park, J. H. (2022) Psychological Self-Sufficiency and Financial Literacy among Low-Income Participants: An Empowerment-Based Approach to Financial Capability. *Journal of Family and Economic Issues*, 43, 690-720. <https://doi.org/10.1007/s10834-022-09865-w>
7. **Wathen, M. V.**, **Weishar, C., & *Decker, P.L.F. (2021). Strategies to mitigate the effects of negative political rhetoric on service providers: A study in two refugee-serving organizations. *Human Service Organizations: Management, Leadership & Governance*, 46(2), 162-177. DOI: 10.1080/23303131.2021.2000543 <https://www.tandfonline.com/eprint/NGUTT7KZAPJWZA5ST7QX/full?target=10.1080/23303131.2021.2000543>
8. **Wathen, M. V.**, *Decker, P. L. F., Richards, M. H., Tyson McCrea, K., Onyeka, C., **Weishar, C. N., DiClemente, C., & ***Donnelly, W. (2021). Towards improving engagement of youth of color in cross-age mentoring programs in high poverty, high crime neighborhoods. *Children and Youth Services Review*, 128. <https://doi.org/10.1016/j.childyouth.2021.106032>
9. Allard, S., **Wathen, M. V.**, & Danziger, S.K. (2021). The Spatial Context of Food Assistance: Examining Food Assistance Resource Access and SNAP. *Journal of Hunger & Environmental Nutrition*, 17(4), 501–520. <https://doi.org/10.1080/19320248.2021.1934214>
10. **Wathen, M. V.**, *Decker, P. L. F., & **Weishar, C. N. (2021). The impact of U.S. refugee policy change & political rhetoric on nonprofit service providers' emotional well-being. *Journal of Community Practice*, 29(2). <https://doi.org/10.1080/10705422.2021.1935377>
11. **Wathen, M. V.** (2020a). Institutional logics and diverging organizational forms: An empirical study in Russia. *Journal of Public and Nonprofit Affairs*, 6(2), 159–181. <https://doi.org/10.20899/jpna.6.2.159-181>
12. **Wathen, M. V.** (2020b). A critical glocalization approach: Attending to power in the innovation space. *Journal of Community Practice*, 1–16.

<https://doi.org/10.1080/10705422.2020.1757543>

13. Allard, S. W., **Wathen, M. V.**, Shaefer, H. L., & Danziger, S. K. (2017). Neighborhood Food Infrastructure and Food Security in Metropolitan Detroit. *Journal of Consumer Affairs*, 51(3), 566–597. <https://doi.org/10.1111/joca.12153>
14. Allard, S. W., **Wathen, M. V.**, & Danziger, S. K. (2015). Bundling Public and Charitable Supports to Cope with the Effects of the Great Recession*. *Social Science Quarterly*, 96(5), 1348–1362. <https://doi-org.flagship.luc.edu/10.1111/ssqu.12226>
15. **Wathen, M. V.**, & Allard, S. W. (2014). Local nonprofit welfare provision: The United States and Russia. *Public Administration Issues*, 5(Special Issue), 7–28. <https://vgmu.hse.ru/en/2014--5/152186643.html>, DOI: 10.17323/1999-5431-2014-0-5-7-28.
16. **Wathen, M. V.** (2014). Understanding Changes in Board and Director Roles in a Nonprofit Organization: The Need for Paradigm Synthesis and Elaboration. *Journal of Community Practice*, 22(4), 472–490. <https://doi.org/10.1080/10705422.2014.959148>

Book Reviews

17. **Wathen, M. V.** (2020). [Review of *Healing in Action: Adventure-Based Counseling with Therapy Groups*, by Barney Straus]. *Groupwork*, 29(3). <http://dx.doi.org/10.1921/gpwk.v28i3.1440>

Manuscripts Under Revise and Resubmit

1. *Sullivan, L., **Wathen, M. V.**, Kalousova, L., Allard, S.W. Capacity, Need, City, and Suburbs: Emergency Food Programs in the Detroit Metropolitan Area. (submitted January 20, 2025). Under review: *City & Community*

Manuscripts Under Review

Manuscripts in Preparation

1. **Wathen, M.V.**, ***Chen, G.T., *Young, R,A. Technology integration in food pantries during the Covid-19 pandemic: Successes, challenges, and inequities. Manuscript in Preparation
2. **Harris, K., **Wathen, M. V.**, Malcome, M. Therapists of Color Strategies for Handling in-Session Microaggressions from Clients: A Qualitative Survey. Manuscript in Preparation.
3. **Wathen, M. V.** Civic Culture & Social Service Volunteering in Russia. Manuscript in Preparation

Policy Briefs and Reports

1. Allard, S.W., **Wathen, M.**, Danziger, S.K., & Shaefer, H.L. (Spring/Summer 2015). Finding Food Assistance and Food Retailers in Detroit. *Focus (32)*1. Institute for Research on Poverty, University of Wisconsin-Madison. <https://www.irp.wisc.edu/wp/wp-content/uploads/2018/11/foc321b.pdf>
2. Allard, S., Danziger, S.K., & **Wathen, M.** (April 2014). Food Assistance During and After the Great Recession in Metropolitan Detroit. *IRP Discussion Paper No. 1420-14*. Institute for Research on Poverty, University of Wisconsin-Madison: <http://www.irp.wisc.edu/publications/dps/pdfs/dp142014.pdf>.
3. Danziger, S.K., Allard, S., **Wathen, M.**, Burgard, S., Seefeldt, K., Rodems, R., & Cohen, A. (2014). Food Insecurity in the Detroit Metropolitan Area Following the Great Recession. *Policy Brief #39*. National Poverty Center, University of Michigan. http://npc.umich.edu/publications/policy_briefs/brief39/policybrief39.pdf
4. Allard, S., Danziger, S.K., & **Wathen, M.** (2012). The Receipt of Public Benefits and Private Charity among Low Income Households Following the Great Recession. *Policy Brief #34*. National Poverty Center, University of Michigan,
5. Burgard, S., Danziger, S., Seefeldt, K., Allard, S., Danziger, S.K., Engler, T., Gould-Werth, A., Kalousova, L., Pelak, S., **Wathen, M.** (2012). Persisting Hardships in Southeast Michigan after the Great Recession. *Policy Brief #33*. National Poverty Center, University of Michigan,
6. Allard, S., Danziger, S.K., and **Wathen, M.** 2012. Receipt of Public Benefits and Private Support among Low-income Households with Children after the Great Recession. *Policy Brief #31*. National Poverty Center, University of Michigan.

RESEARCH AND GRANT ACTIVITY

Funded

1. Jobs Plus grant from the Department of Housing and Urban Development ratified by the Chicago Housing Authority with execution of sub-agreements with Centers for New Horizons and sub-agreement to Philip Hong and Maria Wathen. Funding Opportunity Number: FR-6300-N-14 / CFDA No.: 14.895. Wathen, M.V. (PI, 2022-2023) and Hong, P.Y. (PI, 2021-2022). Implementation Science of Transforming Impossible into Possible for Jobs Plus at Dearborn Homes. U.S. Department of Housing and Urban Development/ Chicago Housing Authority. (\$66,000 Awarded).
2. Loyola University Chicago Summer Research Stipend, 2018. (\$7,000)
3. Rackham Dissertation Fellowship, Sociology Department, University of Michigan, 2016. (\$9,690)

4. Social Work & Social Science Faculty Research Partnership Grant, School of Social Work, University of Michigan. 2015. (\$8,000)
5. Rackham International Travel Grant, University of Michigan. 2014. (\$950)
6. Center for Russia, East Europe, and Eurasian Studies Conference Travel Grant, University of Michigan. 2014. (\$300)
7. Fulbright IIE Grant, sponsored by the U.S. Department of State's Bureau of Education and Cultural Affairs, for 9 months of research in Russia. 2013-2014. (\$20,220 + travel)
8. Sociology Dissertation Research Grant, Sociology, University of Michigan. 2014. (\$2,500)
9. Rackham Graduate Student Research Grant, University of Michigan. 2013. (\$4,000)
10. Individual Advanced Research Opportunities Award, International Research and Exchanges Board (IREX), sponsored by the Title VIII program through the Bureau of Intelligence and Research (INR), U.S. Department of State. (Declined-cannot hold simultaneously with Fulbright). 2013-2014. (\$22,000 + visa + travel)
11. Rackham International Research Award, University of Michigan. A highly competitive award for graduate students in any Rackham Graduate program. 2013-2014. (\$8,000)
12. Social Work & Social Science Faculty Research Partnership Grant, School of Social Work, University of Michigan. 2013. (\$8,000)
13. International Institute Individual Fellowship, International Institute. A highly competitive fellowship for graduate students at University of Michigan. 2011. (\$4,500)
14. Rackham Graduate Student Research Grant, Rackham Graduate School, University of Michigan. 2011. (\$1,500)
15. Sociology Research Grant, Sociology Department, University of Michigan. 2011. (\$1,000)
16. Social Work-Social Science Faculty Research Partnership Grant, School of Social Work, University of Michigan. 2010. (\$8,000)

PRESENTATIONS

* Denotes PhD student at time of manuscript preparation (mentoring relationship)

** Denotes MSW student at time of manuscript preparation (mentoring relationship)

*** Denotes undergraduate student at time of manuscript preparation (mentoring relationship)

Peer Reviewed Presentations

2025

Miller, K.M., Tyson McCrea, K., Moore, A., **Wathen, M.**, & Malcome, M. (2025, November). *“Being the Source of Change”*: Youth Perspectives on Identity and Internalization in Out-of-School Programs [Conference Presentation]. 11th International Congress of Clinical and Health Psychology in Children and Adolescents, Malaga, Spain.
<https://www.aitanacongress.com/2025/en/home/>

Wathen, M. V., Sullivan, L. R., Kalousová, L., Allard, S. W. (2025) *Capacity, Need, City, and Suburbs: Emergency Food Programs in the Detroit Metropolitan Area*. [Conference Presentation]. The Network for Social Work Management 4th Annual Forward-thinking Summit, Virtual.

Wathen, M. V., Krings, A., *Young, R. A. (2025) *Social work and its embrace of democracy: Predictors of the political participation of social workers*. [Conference Presentation]. 14th European Conference for Social Work Research, Munich, Germany.

2024

Wathen, M. V., *Young, R. A., ***Chen, G. T. (2024) *Technology integration in food pantries during the Covid-19 pandemic: Successes, challenges, and inequities*. [Conference Presentation]. The Network for Social Work Management 3rd Annual Forward-thinking Summit, Virtual.

Wathen, M. V., *Young, R. A., Krings, A. (2024) *Predictors of Political Participation of Social Workers: Mediating effect of confidence*. [Conference Presentation]. The 16th International Conference of the International Society for Third Sector Research, Antwerp, Belgium.

2023

Kilbane, T., Krings, A., **Wathen, M. V.** (2023). *How COVID-19 and racial justice protests influenced social workers' perceptions of policy and political participation* [Accepted Conference Presentation]. 2023 European Conference on Social Work Education, Porto, Portugal.

Wathen, M. V., Krings, A., Kilbane, T. (2023) *Social Work Education, Practitioners' Self-Efficacy, and Political Participation* [Conference Presentation]. Society for Social Work and Research 2023 Annual Conference, Phoenix, AZ, United States.

Wathen, M. V. (2023) *Food Pantries' responses to need during the COVID-19 pandemic: Innovations and collaborations* [Conference Presentation]. Society for Social Work and Research 2023 Annual Conference, Phoenix, AZ, United States.

Iverson, M., Dentato, M., Perkins, N., **Wathen, M. V.** (2023) *The Influence of Funder-Mandated Performance Metrics and Social Justice Implications for Service Delivery among Marginalized Communities* [Conference Presentation]. Society for Social Work and Research 2023 Annual Conference, Phoenix, AZ, United States.

2022

Wathen, M. V. (July 14, 2022). *Food Pantries' responses to need during the COVID-19 pandemic: Innovations, lessons learned, moving forward* [Conference Presentation]. The 15th

International Conference of the International Society for Third Sector Research, Montréal, Canada.

Wathen, M. V., **Perez, G. (June 2022). *Chicago and Northern Illinois Food Pantries' responses to need during the COVID-19 pandemic: Innovations, lessons learned, moving forward* [Conference Presentation]. The Network for Social Work Management Virtual Summit.

****Harris, K., Wathen, M. V.** (June 2022). *Therapists of Color Strategies for Handling in-Session Microaggressions from Clients: A Qualitative Survey* [Conference Presentation]. The Network for Social Work Management Virtual Summit.

Sullivan, L., Allard, S., **Wathen, M. V.** (April 6-9, 2022). *Capacity, Need, and Location: Emergency Food Programs in the Detroit Metropolitan Area* [Conference Presentation]. The Population Association of America Annual Meeting, virtual.

Wathen, M. V., **Harris, K. (January 16, 2022). *Therapists of Color Strategies for Handling in-Session Microaggressions from Clients: A Qualitative Survey* [Conference Presentation]. The Society for Social Work and Research, Washington, DC.

Krings, A., **Wathen, M. V.,** Kilbane, T., ****Perez, G.** (January 16, 2022). *The Influence of the COVID-19 Pandemic and 2020 Racial Justice Protests on the Political Attitudes and Behaviors of Social Workers* [Conference Presentation]. The Society for Social Work and Research conference, Washington, DC.

2021

Krings, A., **Wathen, M. V.,** Kilbane, T., ****Perez, G.** (November 5, 2021). *COVID-19, the 2020 racial justice protests, & social workers' political participation* [Conference Presentation]. The Council on Social Work Education 67th Annual Program Meeting, Orlando, FL.

Wathen, M. V., & *Decker, P. (June 10, 2021). *Policy Change and Negative Political Rhetoric about Refugees: Impact on nonprofit service providers' emotional well-being* [Conference Presentation]. The Network for Social Work Management's 31st Annual Management Conference, virtual.

Wathen, M. V. (July 12-15, 2021). *Policy Change and Negative Political Rhetoric About Refugees: Impact on Nonprofit Service Providers' Emotional Well-Being* [Conference Presentation]. The International Society for Third-Sector Research, virtual.

2020

Wathen, M. V. (June 4, 2020). *Policy Change and Negative Political Rhetoric about Refugees: Impact on nonprofit service providers' emotional well-being* [Conference Presentation]. The Network for Social Work Management's 31st Annual Management Conference, (Conference cancelled).

Wathen, M. V. (July 2020) *Policy Change and Negative Political Rhetoric About Refugees: Impact on Nonprofit Service Providers' Emotional Well-Being* [Conference Presentation]. The International Society for Third-Sector Research conference, (Conference cancelled).

2019

Wathen, M. V. & *Decker, P. (November 23, 2019). *The impact of U.S. refugee policy changes on nonprofit service providers' emotional well-being: Differences by organization type and personnel level* [Conference Presentation]. Association for Research on Nonprofit Organizations and Voluntary Action, San Diego, CA.

Sullivan, L., Allard, S., & **Wathen, M. V.** (November 7, 2019). *Capacity, Need, and Location: Emergency Food Programs in the Detroit Metropolitan Area* [Conference Presentation]. Association for Public Policy Analysis and Management, Denver, CO.

Wathen, M. V. & *Blumenthal, A. (January 20, 2019). *Multidimensional Poverty, Household Composition, and Parenting Stress* [Conference Presentation]. The Society for Social Work and Research, San Francisco, CA.

2018

Wathen, M. V. & Simon, Shirley. (November 9, 2018). *Maximizing the Effectiveness of Small Group Assignments in Social Work Education* [Conference Presentation]. The Council on Social Work Education APM, Orlando, FL.

Allard, S., **Wathen, M. V.**, & Danziger, S.K. (August 11, 2018). *Place, Poverty & Program Participation: Food Resource Access and Receipt of SNAP Assistance* [Conference Presentation]. American Sociological Association, Philadelphia, PA.

Wathen, M. V. (January 12, 2018). *Patterns of Public, Private, and Informal Safety Net Use by Working-Class Households During and After the Great Recession* [Conference Presentation]. The Society for Social Work and Research, Washington, DC.

2017

Wathen, M. V. (November 16, 2017). *Civic Culture and Social Service Volunteering in Russia* [Conference Presentation]. Association for Research on Nonprofit Organizations and Voluntary Action, Grand Rapids, MI.

Wathen, M. V. (June 6, 2017), *Shifting Missions and Civic Cultures: Russian NGOs in Transition* [Conference Presentation]. The Second Annual Tartu Conference on Russian and East European Studies, Tartu, Estonia.

Wathen, M. V., Blumenthal, A., & Danziger, S.K. (January 14, 2017). *The Extent and Impact of Multidimensional Child Poverty in the Postindustrial Post-Recession City* [Conference Presentation]. The Society for Social Work and Research conference, New Orleans, LA.

2016

Wathen, M. V. (January 15, 2016). *Stakeholder Perceptions and Influence on Participation, Use of Services, and Collaboration in Community-Based Social Service Organizations Aimed at Children and Families* [Conference Presentation]. The Society for Social Work and Research conference, Washington, DC.

2015

Wathen, M. V. (October 15-18, 2015). *Historical Context and Social Service NGOs in Russia: Implications for Cross-cultural Work* [Conference Presentation]. The Council on Social Work Education APM, Denver, CO.

Wathen, M. V., Allard, S., & Danziger, S.K. (January 17, 2015). *Public Benefits, Private Charity, and Informal Monetary Support in the Wake of the Great Recession* [Conference Presentation]. The Society for Social Work and Research, New Orleans, LA.

2014

Wathen, M. V. (July 24, 2014). *Civic Culture Frameworks, Volunteerism, and the Soviet Legacy: A Case Study of Nizhny Novgorod, Russia* [Conference Presentation]. The International Society for Third Sector Research, Muenster, Germany.

2013

Allard, S., Danziger, S.K., & **Wathen, M. V.** (November 9, 2013). *Food Assistance During and After the Great Recession in Metropolitan Detroit* [Conference Presentation]. Association for Public Policy Analysis and Management, Washington, DC.

2012

Wathen, M. V. (November 12, 2012). *Theoretical Perspectives, the Development of Social Work Education in Russia, and Practice Implications* [Conference Presentation]. The Council on Social Work Education APM, Washington, DC.

Wathen, M. V. (November 17, 2012). *Understanding Changes in Board and Director Roles in a Nonprofit Organization: How a Cognitive-Interpretive Framework Complements Contingency and Life-Cycle Approaches* [Conference Presentation]. The Association for Research on Nonprofit Organizations and Voluntary Action, Indianapolis, IN.

Allard, S., Danziger, S.K., & **Wathen, M. V.** (November 10, 2012). *Public Benefits and Private Supports in Detroit in the Wake of the Great Recession* [Conference Presentation]. Association for Public Policy Analysis and Management conference, Baltimore, MD.

Invited Presentations

1. Wathen, M. V., *Young, Rachel A. Technological Innovations in Food Pantries and Gaps in Implementation Resources. Invited Presentation at Illinois School of Social Work Tech Series, University of Illinois Urbana-Champaign, April 25, 2025.
2. **Wathen, M. V.** Conflict Resolution Styles: Improving your communication. Invited

presentation (Zoom), Nizhny Novgorod State Linguistic University, Nizhny Novgorod, Russia, May 27, 2021.

3. ***Donnelly, W., Onyeka, C., Richards, M., **Wathen, M.** Violent Crime and Youth Resilience. (William Donnelly, recipient of Loyola University Chicago Provost Fellowship) Presented at the 2020 Undergraduate Research and Engagement Symposium, Loyola University Chicago, April 18, 2020.
4. **Wathen, M. V.** Social Work PhD: The Job Search and Transition to Assistant Professor. Invited presentation, doctoral course on Teaching, Loyola University Chicago, School of Social Work, December 4, 2018.
5. Simon, S., **Wathen, M. V.**, & Orwat, J. Group Assignments: Strategies for Developing, Grading, and Evaluating Group Assignments. Presentation at Focus on Teaching and Learning: Spring 2018, Loyola University Chicago, January 10, 2018.
6. **Wathen, M. V.** Social Work PhD: The Job Search and Transition to Assistant Professor. Invited presentation, doctoral course on Teaching, Loyola University Chicago, School of Social Work, December 5, 2017.
7. Kilbane, T., Hong, P., Krings, A., **Wathen, M. V.**, & Barry, J. A Case-Based Collaborative Learning Model for Teaching Advocacy. Panel presentation at the Social Justice Symposium, Loyola School of Social Work, March 28, 2017.
8. **Wathen, M. V.** Qualitative Research in Russia: Cultural Conundrums and Emerging Patterns. Presentation at the Fulbright Grantees mid-year seminar, January 28, 2014.
9. Allard, S., Danziger, S.K., & **Wathen, M. V.** Food Assistance During and After the Great Recession in Metropolitan Detroit. Paper presented by M. V. Wathen at the RIDGE Small Grant Workshop, University of Wisconsin-Madison, April 19, 2013.
10. **Wathen, M. V.** Child Welfare Policy & Ethical Dilemmas in Practice in Russia. Invited presentation, course on International Social Work, University of Michigan, School of Social Work. November 2011.
11. **Wathen, M. V.** Child Welfare Policy & Practice in Russia in Historical Perspective. Invited presentation, course on International Social Work, University of Michigan, School of Social Work. October 2010.

FELLOWSHIPS/HONORS/AWARDS

- St. Ignatius of Loyola Award for Teaching Excellence, Nominee, Loyola U Chicago 2023
- Alice B. Hayes Award for Advising and Mentoring, Nominee, Loyola U Chicago, 2018
- Penn Social Impact Summer Doctoral Fellow University of Pennsylvania May-June 2016
- Irene & William Gambrell Fellowship, Univ. of Michigan, 2015
- W.K. Kellogg Family Fellow in Children & Families, U. Michigan (\$16,000), 2012-2013

- Margaret Dow Towsley Scholar, Center for the Education of Women, University of Michigan. (\$5,000), 2011-2012
- Foreign Language Area Studies Fellowship (FLAS, US/ED Title VI), Center for Russia, East European, & Eurasian Studies, University of Michigan. (\$34,936), 2010-2011
- Foreign Language Area Studies Fellowship (FLAS, US/ED Title VI), Center for Russia, East European, & Eurasian Studies, University of Michigan (\$48,276), 2009-2010
- 1st Place, Southern Sociological Society Howard W. Odum award, best undergraduate paper, 1988
- 2nd Place, North Central Sociological Association, Undergrad Paper Competition, 1988
- 1st Place, Illinois Sociological Society Klassen Student Paper Competition, 1987
- Honorable Mention, C.S. Ford Cross Cultural Research Competition, 1987
- Alpha Kappa Delta National Sociology Honor Society, Wheaton College
- Phi Eta Sigma Freshman Honor Society, Bradley University
- Alpha Lambda Delta Freshman Honor Society, Bradley University
- Meyer & Anna Block scholarship, Bradley University

ADDITIONAL METHODOLOGICAL & STATISTICAL TRAINING

- 2013 **Applied Survey Data Analysis**, course at the Summer Institute in Survey Research Techniques, Survey Research Center, University of Michigan.
- 2011 - **Research Workshop in Advanced Ethnographic Methods**, Department of
2012 Sociology, University of Michigan. Three-semester monthly workshops.
- 2012 **Longitudinal Data Analysis with Categorical Variables**, course at the
Inter-University Consortium for Political and Social Research (ICPSR).
- 2011 **Categorical Data Analysis, Matrix Algebra**, courses at the Inter-University
Consortium for Political and Social Research (ICPSR).
- 2010 **Special topics course on Advanced Qualitative Methods in Social Work**,
University of Michigan School of Social Work.
- 2010 **Hierarchical Linear Modeling & Research Methods in Social Policy Analysis**,
Semester course at University of Michigan School of Social Work.

RESEARCH EXPERIENCE

- 2021 - **Principal Investigator**, “Food pantry adaptations and innovations in response to
Present Covid-19: Learnings for the future.” Study in collaboration with the Greater
Chicago Food Depository and the Northern Illinois Food Bank
- 2021 - **Principal Investigator**, along with MSW student Kevin Harris, “Therapist of
Present Colors’ strategies for handling microaggressions in client-therapist interactions.”
- Research examining the strategies that therapists who are Black, Indigenous, and

People of Color use to handle microaggressions from clients.

2019 –
present

Principal Investigator, along with Teresa Kilbane, PhD, and Amy Krings, PhD., “Advocacy Work Among Social Workers.”

The aim of the study is to investigate the attitudes, participation levels, perceptions, and barriers of social workers related to political advocacy and civic engagement. Survey data was collected August – October, 2020, from members of the National Association of Social Workers (NASW).

2018 -
2021

Principal Investigator, “Policy change, civic culture frameworks, and service impact: Perceptions at multiple levels of refugee organizations in Chicago.”

Conducted 20 semi-structured in-depth interviews. Collected information on monetary and programmatic changes over time and the perceptions of leaders and staff at multiple levels of the organization, including agency directors, mid-level managers, and front-line workers. Results will provide insight into the impact of policy change on service organizations and service providers, as well as illuminate the differing impacts that these changes have at different levels of the organization.

2013 -
Present

Principal Investigator, “Civic Culture Frameworks, Volunteerism, and Implications for Family and Child Welfare: A case study of Nizhny Novgorod, Russia.”

Dissertation research funded by a Fulbright IIE Grant, Rackham International Research Award, and Rackham Graduate Student Research Grant. Designed study, developed interview protocol, established connections with volunteer organizations and NGOs. From September 2013 to June 2014 in Russia, conducted on-site participant observation research in numerous NGOs. Recruited for and conducted 83 in-depth semi-structured interviews. Planned networking opportunities for NGO leaders and leaders of various faith communities (Jewish, Roman Catholic, Protestant, Russian Orthodox, and Muslim). Preliminary findings show the creation of alternative social advocacy spaces by those working in a climate antagonistic to voluntary social welfare organizations. In addition, involvement in volunteer activity is highly influenced by the Soviet legacy of state domination of services.

2011 -
Present

Researcher, The Michigan Recession and Recovery Study (MRRS), National Poverty Center, University of Michigan.

Work with Sandra Danziger and Scott Allard (University of Washington) on projects with data from the Michigan Recession and Recovery Study. Examine participation in public income support programs by households with children, looking at differences in use by race, education, age of children, employment, health status, and the influence of income instability on family structure and

health. Clean and prepare data for analysis, analyze panel data using Stata, review literature, write papers, policy briefs, memos, and sections of papers, and participate in MRRS team brainstorming, theorizing, and workshopping of papers.

2012 - **Researcher**, “Food Assistance During and After the Great
2014 Recession in Metropolitan Detroit.” Co-PIs: Scott Allard (then University of Chicago) and Sandra Danziger (University of Michigan).

Funded by a grant from the Institute for Research on Poverty, University of Wisconsin-Madison, RIDGE Center for National Food and Nutrition Assistance Research. Participated in conceptualizing our work and writing grant application, cleaned, prepared, and analyzed data, reviewed literature, represented our team by presenting our work at the RIDGE center grantee conference.

2011 - **Principal Investigator**, “Progress in family and child welfare in Russia through
2012 social work educators', practitioners', and volunteers' eyes.”

Pre-dissertation research. Developed an interview protocol. Established connections with social work educators, practitioners, and volunteers working in family and child welfare in three Russian cities. Conducted twenty-five 1 ½ to 2 hour semi-structured interviews in Russian.

2010, **Research Assistant**, The Michigan Recession and Recovery Study,
Summer National Poverty Center, University of Michigan. Reviewed literature for Sarah Burgard’s work on unemployment and health outcomes.

1994 - **Graduate Assistant**, University Resources for Latinos, Northern Illinois
1995 University, DeKalb, IL.

Conducted and wrote an initial literature review for George Gutierrez, Ed.D., URL director, for his work “A study of the relationship between selected independent variables and the success of adult Latina/o students at a four-year institution of higher learning in the Midwest.”

TEACHING EXPERIENCE

2016 - Loyola University Chicago, School of Social Work
present

Undergraduate

- SOWK 301 Social Work with Individuals and Families I

Graduate - MSW

- SOWK 503 Social Work with Individuals and Families I
- SOWK 503 Social Work Practice Skills with Individuals & Families
- SOWK 650 Leadership & Supervision in Service Organizations
- SOWK 652 Organizations, Program Development, and Evaluation

Graduate – Ph.D.

- SOWK 811 Advanced Statistics
- SOWK 800 Statistics

Independent Study Supervision

- Leanna Gruhn, Fall 2021, Staff Management & Development
- Matthew Poozhikunnel, Fall 2024, Organizations, Program Development, and Evaluation

Mentoring Doctoral Students in Teaching Practicum

- Melissa Iverson
- Julie Chaffee
- Sungsim Lee
- Rachel Young

Doctoral Student Dissertation Committees

- Rachel A. Young. “xxx.” Dissertation Committee Chair. Other committee members Dr. Brian Kelly, Dr. Amy Krings, and Dr. Tania Schusler. School of Social Work, Loyola University Chicago. Expected Graduation May 2027.
- Heather Watson. "We Are Not the Same, or Are We?: Exploring the Effectiveness of a Racial Socialization Intervention Among Black Youth in Chicago." Dissertation Committee Member with Dr. Katherine Tyson-McCrae, Dr. Shweta Singh, and Dr. Adrienne Fletcher. School of Social Work, Loyola University Chicago. Graduated May 2025.
- Alanna Shin. “Assessing the Role of Psychological Self-Sufficiency and Organizational Factors in Achieving Economic Self-Sufficiency Among Low-Income Populations.” Dissertation Committee Co-Chair with Philip Young Hong. Other committee members Maria Vidal de Haymes and Guillermo Sanhueza. School of Social Work, Loyola University Chicago. Graduated August 2024.
- Julie Chaffee. “Not what we expected: Clinical social worker’s use of telehealth during the COVID-19 pandemic.” Dissertation Committee Member with Jonathan Singer and Nathan Perkins. School of Social Work, Loyola University Chicago. Graduated May 2024.
- Kevin Miller. “‘I really like the idea of being the source of change’: Marginalized Black and Latinx urban youths' perspectives of how personal change occurs in out-of-school program contexts.” Dissertation Committee Member with Katherine Tyson-McCrae, Amzie Moore, and Marion Malcome. School of Social Work, Loyola University Chicago. Graduated August 2023.

- Patrick Decker. Dissertation Committee Member with Michael Dentato, Nathan Perkins, and Cary Rositas-Sheftel. School of Social Work, Loyola University Chicago. Graduated May 2023.
- Melissa Iverson. “Perceptions of Funder-Mandated Performance Metrics on Nonprofit Service Provision.” Dissertation Committee Member with Michael Dentato and Nathan Perkins. School of Social Work, Loyola University Chicago. Graduated 2021.

2015, Fall	University of Michigan, School of Social Work Lead Instructor & Syllabus Creator, Practice in International Social Work (MSW course)
2012, Fall	University of Michigan, Department of Sociology. Graduate Student Instructor, Sociology 510: Statistics
1999 - 2007	Visiting Instructor, Moscow State University, Faculty of Foreign Languages, Moscow, Russia. Designed and taught a writing course called "Professional Writing", with a focus towards introducing Russian students to writing in international business. Taught American Literature, a course designed to familiarize students with the major authors of American literature from the 1700's to the mid-20 th century.
2002 - 2004	Instructor, University of Colorado at Denver, International College, Moscow, Russia (was affiliated with the Faculty of Foreign Languages at Moscow State University for a short time). Designed syllabi and taught business writing, core composition, and academic writing.
1997 - 1999	Visiting Instructor, Moscow State Linguistic University, Moscow, Russia, Pedagogical Department, September 1997-January, 1999. Designed and taught English language and American Literature courses.
1998 Jan-May	English Language and Business Writing Instructor, Arthur Andersen & Co., Moscow Office, Russia. Consulted with partners and managers in the firm on writing for business and law.
1996 – 1998	Andersen Worldwide Organization, Center for Professional Education, St. Charles, Illinois. Taught partners and managers of Arthur Andersen & Co. and Andersen Consulting from around the world. Also taught an online writing course for international partners.

SERVICE

Professional

- 2022-present **Editorial Advisory Board Member**, *Human Service Organizations: Management, Leadership, & Governance*
- 2025 **Panel Chair**, European Conference for Social Work Research
- 2021 **Session Moderator**, International Society for Third Sector Research conference
- 2018-2019 **Co-Program Chair**, Network for Social Work Management 30th Annual Conference
- 2016-2018 **Treasurer**, Association for Research on Nonprofit Organizations and Voluntary Action, Early Scholars Section
- 2017-2018 **Creator and Coordinator**, conference “mentor-buddy” program, Association for Research on Nonprofit Organizations and Voluntary Action, Early Scholars Section
- Ongoing **Reviewer**, *American Journal of Sociology*
Reviewer, *Journal of Community Practice*
Reviewer, *Journal of Consumer Affairs*
Reviewer, *Journal of Public and Nonprofit Affairs*
Reviewer, *Journal of the Society for Social Work and Research*
Reviewer, *Nonprofit and Voluntary Sector Quarterly*
Reviewer, *Human Service Organizations: Management, Leadership, & Governance*
Reviewer, *Research on Social Work Practice*
Reviewer, *Social Service Review*
Reviewer, *Sociological Quarterly*
Reviewer, *Journal of Community Psychology*
Reviewer, *European Social Work Research*
- 2025 **Conference Abstract Reviewer**, Society for Social Work and Research
- 2024 **Conference Abstract Reviewer**, Society for Social Work and Research
- 2024 **Conference Abstract Reviewer**, Network for Social Work Management
- 2023 **Conference Abstract Reviewer**, International Society for Third Sector Research
- 2023 **Conference Abstract Reviewer**, Society for Social Work and Research
- 2019 **Conference Abstract Reviewer**, Network for Social Work Management

Loyola University Chicago

School of Social Work

- 2024-2026 Elected Member, Curriculum Committee
- 2025 Fall Elected Member, Doctoral Committee
- 2024-2025 Elected Co-Chair, Advanced Curriculum Committee

2024-2025 Elected Chair, Faculty Development and Review Committee
 2022-2025 Elected Member, Faculty Development and Review Committee
 2023-2025 Elected Member, Promotion and Tenure Committee
 2023-2024 Elected Chair, Doctoral Program Committee
 2022-2023 Elected Member, Doctoral Program Committee
 2022-2023 Elected Member, Curriculum Committee Representative from Advanced Curriculum Committee
 2022-2024 Elected Member, Faculty Development and Review Committee
 2022-2024 Member, Advanced Curriculum Committee
 2021-2022 Elected Chair, Advanced Curriculum Committee
 2021-2022 Elected Co-Chair, Curriculum Committee
 2020-2021 Elected Chair, Advanced Curriculum subcommittee for Mezzo and Macro Practice
 2018-2020 Elected Member, Faculty Development Review Committee
 2018-2019 Elected Member, Promotion and Tenure Committee
 2017-2020 LDSS/Macro Representative to Curriculum Committee
 2017-2019 Member, Committee on Student Affairs
 2017-2022 Member, Advanced Curriculum Committee
 2017-2018 Elected Member, Faculty Search Committee
 2016-2017 Member, Foundation Curriculum Committee
 2016-2017 Member, International Committee
 2017 Spring Elected Member, Executive Committee

University level

2025-2028 Faculty Development Review Committee
 2023-2024 Member, Provost's Search Committee for Dean of School of Social Work
 2022-present Board Member, Advisory Board of the Loyola University Chicago Family Business Center
 2019-2022 Senator, University Senate
 2019-2022 Academic Affairs and Research Committee – University Senate
 2017-2022 School of Social Work Representative, Baumhart Faculty Council
 2017-2024 School of Social Work Representative, Ignatian Heritage Committee

University of Michigan

2015-2016 **Invited Member.** University of Michigan Provost's Advisory Search Committee for new Dean of the School of Social Work.
 2015 **Doctoral Student Representative,** Distinguished Faculty of the Year Selection Committee, School of Social Work, University of Michigan
 2012 **Symposium Planner.** "Cross-National Perspectives on Mental Health: Addressing Issues of Trauma." Held May 11, 2012, University of Michigan.
 Jan.-May
 2011-2013 **Doctoral Student Representative,** Office of Global Activities Advisory Board, School of Social Work, University of Michigan.

- 2010-2012 **Co-chair, Doctoral Student Organization** of the School of Social Work at the University of Michigan.
- 2010-2012 **Member,** Dean’s Advisory Board for the Doctoral Program, University of Michigan School of Social Work
- 2008-2010 **Treasurer, Doctoral Student Organization** of the School of Social Work at the University of Michigan.

MEMBERSHIPS

- 2010 - Present Council on Social Work Education, Member
- 2010 - Present Society for Social Work and Research, Member
- 2012 - Present Association for Research on Nonprofit Organizations & Voluntary Action
- 2014 - Present International Society for Third-Sector Research, Member
- 2015 - Present Network for Social Work Management, Member
- 2017 - Present International Association for Social Work with Groups
- 2019 - Present Association for Community Action & Social Action

Community Service

- 2017-present Facilitator, Women’s weekly Support Group, The Neighborhood, Uptown neighborhood, Chicago (& online since March 2020)
- 2020-2022 Community Board Member, Catholic Charities of the Archdiocese of Chicago, Family & Parish Support Services Service Advisory Board

RELATED PRACTICE EXPERIENCE

- 2016-present Therapist, Private Practice
- 2015 - Therapist, training and practice in Couples Counseling, The Women’s Center
2016 of Southeastern Michigan, Ann Arbor, MI.
- 2014 - Coordinator for program development and implementation, The Women’s
2016 Center of Southeastern Michigan, Ann Arbor, MI. Volunteer.
- Coordinator of team of therapists to develop an innovative program that combines training and supervision in couples’ counseling for social work therapists and new counseling services for the low-income community.
- 2013 - Mentor to children in state residential care. Residential School for
2014 Orphans #1, Nizhny Novgorod, Russia. Volunteer.
- Planned and facilitated weekly developmental and socialization activities for 1st – 4th graders. Coordinated volunteer team of nine adults. Planned and participated

in outings into the community.

- 2013 - 2014 Facilitator, Intercultural Communication Club, NGO Sphera, Nizhny Novgorod, Russia. Volunteer.
Prepared and facilitated monthly English-language discussion club designed to foster cross-cultural and cross-national dialogue. Created an environment of safety and respect for participants from multiple countries on five continents.
- 2010 - 2016 Support Group Facilitator, interdisciplinary weekly peer support group for female graduate students, University of Michigan, Ann Arbor.
- 2009 Therapist Intern, The Women's Center of Southeastern Michigan, Ann Arbor, MI, School of Social Work field placement.

Conducted individual and couples therapy with clients ages nine to sixty-two. Provided behavior management training for parents of children aged ten and under. Facilitated a divorce/break-up support group for women.
- 2002 - 2007 Co-founder, facilitator, Moscow Medical Student Service Organization,

Started and developed the group with five Russian medical students. Facilitated the students' learning of team leadership, goal setting, and decision-making. Regularly visited an orphanage to spend time with the kids. Took the older ones to cultural events in the city. 2002-2005. Received training in AIDS education and prevention for young teenagers. Visited youth detention centers to teach this interactive material. 2006-2007. Networked with community organizations.
- 2004 - 2007 Founding (and only foreign) member, Executive Board, Russian Medical Student Association. Russia.
In 2004, the Moscow medical group leaders met with leaders from four similar student groups from other cities of Russia and agreed to form a cooperative association. Guided the leaders in a process of articulating the mission statement, purpose, and goals of the movement. Helped them understand and evaluate the various organizational options for working together. Worked with the Board to plan and organize an international medical conference, held in Kursk, Russia, in July 2005.
- 2005 July Director, Lingua-cultural exchange program. Moscow and Tver region, Russia.

In collaboration with an American colleague, designed the program for a nineteen-day exchange between Moscow State University students and American students. Directed the program on-site. Conducted cultural, safety, and geographic orientation for American students and staff. Responsible for all logistics, from transportation, housing and meals to registration, communication with facilities, payment, and excursions. Led seminars on intercultural communication. At the conclusion of the program, organized a one-day service-learning volunteer experience for the entire group doing rehab and painting at a regional orphanage.
- 2002 On-site Coordinator of the University of Colorado at Denver's study abroad

- Jan-June program for undergraduates. Moscow, Russia.
- Designed and led cross-cultural training and orientation to the city. Coordinated student housing. Regularly met with students to process their experiences. Organized and led cultural enrichment outings. Provided financial and program reports to the University of Colorado at Denver study abroad office.
- 2001 - Organizer, facilitator, Debate and Discussion Club. Moscow State University, Faculty of Foreign Languages.
- 2003
- 1994 - Graduate Assistant, University Resources for Latinos (URL), Northern Illinois University, DeKalb, IL.
- 1995
- Provided follow-up and mentoring for first-year students of Latinx background. Wrote Mission Statement and Assessment Plan for URL after conducting interviews, compiling available information, and performing library research.

OTHER WORK EXPERIENCE

Consultant, Arthur Andersen & Co., Moscow Office, Russia. 1998.

Trainer, curriculum designer, Andersen Worldwide Organization, Center for Professional Education, St. Charles, Illinois. 1996-98. This was the worldwide training facility for the two former Andersen business units, Arthur Andersen and Andersen Consulting.

Accountant, David S. Bell, Ltd., CPAs, Lombard, IL. Eight years.